



With Rotary International's success eradicating Polio, imagine Rotary's power focused on organ donation.

## Golden Gate Relay - 1st weekend in May since 1995 Run, walk, volunteer, donate \$1 or an organ.

- 12 friends/2 vans/unforgettable bonding. Motivate club members/teammates to better health.
- Prizes for costumes, decorated vans, team story, most Rotary club runners/walkers/volunteers.
- Dedicate team to honor or memorialize a Rotarian organ donor or recipient.
- Share on social media - fabulous branding opportunity for Rotary.

Join Rotary/Organs R Us  
supporting millions worldwide waiting for organs.

**Option 1:** Form a team of 12 to run 190/160/125 or walk 125 miles - crossing the Golden Gate Bridge near midnight! After a 3-6 mile leg, the transfer of the baton symbolizes the transfer of an organ from donor to recipient. Sonoma, CA Rotary Lung Lover teams dedicate their GGR to lung recipient Mark Hubenette, husband of Rotarian Dr. Kimberly, khubenette@yahoo.com.

**Option 2:** Create a Virtual team anywhere on earth! Examples:

1. Family of 4: walk 1 mile, 3x/week, complete GGR (125 miles) in 2 months.
2. Team of 12: walk 1 mile, 3x/week, complete GGR (190 miles) in 1 month.  
Run 12 miles/week, complete GGR in less than 2 weeks.
3. Team of 500 walk 1 mile, 3x/week, circle earth (25,000 miles) in 4 months.  
Run 12 miles/week to circle the earth in 1 month.

To join a Rotary team, questions or club presentation:  
Mara Kahn, Sonoma CA USA marakahnrotary@gmail.com  
Start or join a team at [GoldenGateRelay.com](http://GoldenGateRelay.com)

Golden Gate Bridge at midnight?  
Run it - 12 friends/2 vans  
unforgettable bonding

# Golden Gate Relay

Powered by Rotary

**Run, Walk or Bike**  
Napa Valley to Santa Cruz  
run 190 or 160 miles, 2-3 legs/runner  
Marin to Santa Cruz  
run or walk 125 miles (24 legs)  
GG Bridge Loop  
run or walk 24 miles (4 legs)  
Bike (1-4 riders)  
30, 65, 130 or 190 miles  
[GoldenGateRelay.com](http://GoldenGateRelay.com)

**Virtual GGR**  
Create a team of 1-500  
anywhere on earth to  
receive coaching  
medals, shirts.

Organs R Us

Map labels: Napa Start, Petaluma, Marin Start, San Anselmo, Sausalito, Golden Gate Bridge, San Francisco, Pacifica, Hillsborough, Palo Alto, Los Altos, Santa Cruz 36, Boulder Creek, Saratoga, 31, 30, 29, 28, 27, 26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1.